Pleasant Hill CUSD #3 – August 2016 Cafeteria Menu						
Monday	Tuesday	Wednesday	Thursday	Friday		
1 SCHOOL BUS	2	3 Sohool CRAYONS Glus	4	5		
8	9	10	11	12		
15	16	17	18	19		
TEACHER'S INSTITUTE	TEACHER'S INSTITUTE	Flapstick, Cerel, Fruit, Milk & Juice Chicken Nuggets w/dippin' sauce, Green Beans, Fruit & Milk	Cereal, Toast, Fruit, Milk & Juice Hot Dog w/Bun, Baked Beans, Cheese Puffs, Fruit & Milk	French Toast, Cereal, Fruit, Milk & Juice Cheese Pizza, Romaine Salad, Fruit & Milk		
22	23	24	25	26		
Sausage Gravy w/Biscuit, Cereal, Fruit, Milk & Juice Pork Tenderloin w/Bun, Oven Fries, Corn, Fruit & Milk	Ravioli, Romaine Salad, Bread &	Scrambled Eggs w/Toast, Cereal, Fruit, Milk & Juice Corn Dog, Green Beans, Chips, Fruit & Milk	Cereal, Toast, Fruit, Milk & Juice Ham & Cheese w/Bun, Pretzels, Seasoned Carrots, Fruit & Milk	Donut, Cereal, Fruit, Milk & Juice Turkey Sausage Pizza, Peas & Carrots, Fruit & Milk		
Breakfast Pizza, Cereal, Fruit, Milk & Juice Hamburger w/Bun, Oven Fries, Corn, Fruit & Milk	Goulash, Bread & Butter, Peas, Fruit & Milk	French Toast, Cereal, Fruit, Milk & Juice Nacho's w/Cheese Sauce, Salsa & Black Beans, Corn, Fruit & Milk				